

# [For Preservation against Infections] Handley Chipman

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Description

On avoiding the swallowing of spittle as a means of preventing infection. No. 104, p. 62.

Transcription

For Preservation against Infections,  
Whosoever converses with patients affected with any  
disease whatever, if he would preserve himself  
from infection, must be sure to Long as he  
abides within the sphere of the Steams, never to Swal:  
:low his Spittle, for I reasonably conceive that to  
be the part which first, and most easily imbibes  
infection and by that swallow the infection is carried  
into the stomach, &c.

For Preservation against Infections recipe from Early Modern Maritime Recipes:

<https://emmr.lib.unb.ca/recipes/98>