[A Minute Taken for Dr. Flemyng, on Corpulency] Handley Chipman

Date: Written sometime in 1776. | 1776/01/01 to 1776/12/31

Contributors
Contributor Role
Author
Contributor Name
Handley Chipman

Publication Format
Manuscript

Type
Medicine

Symptoms
corpulency
obesity

Ingredients
Alicant soap
Castile soap
water
soft water
syrup

Places
Nova Scotia
Spain

Source: Handley Chipman's Notes, Vol. 2
Institution: Nova Scotia Archives | **Source Origin:** Chipman Family Papers | **Reference:** MG Vol. 218 / Microfilm Reel 10,154

Description

A method of ingesting soap to treat obesity. No. 101, p. 60.

Transcription

A Minute taken from Dr, Flemyng,
on Corpulency

The Doctr: after having defined Corpulency,
Assigned its several Causes, and discribed Some
Methods for removeing them, Says, Soap is not
only a Sure Remedy for Corpulency, but is
withall So Safe, that it may be taken in Larg
Quantities every day for years together,
The fittest Soap for this purpose is that of
Alicant in Spain, as being not only more
Cleanly, and Less disagreeable, but much more
easily dissolved in Water, then the home
made Castile Soap,
The time to take it is at Night when going
to bed, A Drachm may be tried for the
first four or 5 Days, and if that create no
Remarkable Dissorder, the Quantity Should be
increased to two: 3: & in very stubborn Cases
to four Drachms, not to be Exceeded in any
Case, it may be taken either in the form
of a Bolus with any palatable Syrup, or in
the Shape of Pills, or dissolved in a Gill or
more of soft water, &c,
He also produces Account of Attested Cures
that has been wrought by it where a man
has been wrought by it where a man
has been so Corpulent he was hardly able
to walk, &c.

A Minute Taken for Dr. Flemyng, on Corpulency recipe from Early Modern Maritime Recipes:
https://emmr.lib.unb.ca/recipes/96