

[For a Fresh Strain]

Date: Published sometime in 1791. | 1791/01/01 to 1791/12/31

Type

Medicine

Ingredients

linseed oil
spirit of wine
oil of spike
paracelsus
adbernum

Places

Nova Scotia

Source: Nova Scotia Calender, or an Almanack [...] by Metonicus

Institution: Nova Scotia Archives | **Reference:** AK.AY.N85M / No Microfilm Available

Description

Instructions for a plaster application to treat a strain.

Transcription

For a *fresh Strain*.

Take of linseed-oil, and rectified
spirit of wine, of each two ounces ;
oil of spike, one ounce ; mix, and
rub the part very well with it, and
lay to it a plaister of paracelsus, with
and equal part of adbernum.

For a Fresh Strain recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/92>