

[Efficacy of Blackberry Jelly in Treating Gravel and Stone]

Date: 1786/09/07

Publication Format
Print

Type
Food
Medicine

Symptoms
gravel and stone

Ingredients
nutmeg
blackberries
water
powdered sugar

Places
New York
Nova Scotia

Source: Nova Scotia Packet and General Advertiser

Institution: Nova Scotia Archives | **Source Origin:** Nova Scotia Newspapers on Microfilm | **Reference:** Microfilm Reel 4823

Description

An account of the efficacy of blackberry jelly in treating stone and gravel followed by instructions for making it. No. 71. The item was also published in the [Nova Scotia Magazine](#).

Transcription

*From the NEW-YORK JOURNAL.
As the season for making a jelly of black-berries
is approaching, it may be proper to communi-
cate the following account of its very remark-*

able efficacy in that dreadful disorder, the gravel and stone:

A Gentleman who, for many years, was afflicted with this terrible complaint, was persuaded to take every night going to bed, the quantity of a large nutmeg of this pleasant medicine: the effect of which was, that the stone was broken in pieces, and voided in granuels, some of them nearly the size of pepper corns, manifestly appearing to be portions of a much larger substance. The gentleman, though more than fourscore, is now enabled to discharge these stony particles without much difficulty, and finds no other inconvenience than a frequent irritation to make water.--To make the jelly, take black-berries before they are quite ripe, when turned red, pick them and put them in a pot, tie them up close, and put them in a kettle of water; let them stand over a fire till they are reduced to a pulp, then strain them, and to a pint of juice put a pound of powdered sugar; boil it to a jelly, and put it up for use.

Efficacy of Blackberry Jelly in Treating Gravel and Stone recipe from Early Modern Maritime Recipes:
<https://emmr.lib.unb.ca/recipes/87>