[Bitter Almond Spirits]

Date: Late 18th or early 19th century; exact date unknown.

Publication Format
Manuscript

Type
Drink

Ingredients
almonds
bitter almonds
spirits
loaf sugar
sugar
water

Places
Nova Scotia

Source: Militia Regulations Book
Institution: Nova Scotia Archives | **Reference:** MG 100 Vol. 1 No. 5 / Microfilm Reel 786

Description

A recipe for an almond liquor pasted on the pages of a book of Militia Regulations.

Transcription

Two ounces bitter almonds
3 ¼ pints spirits steeped 21 days
7 lbs Loaf Sugar 3 half pints of water
stand two days them strain thru flannel
bag; and bottle

Bitter Almond Spirits recipe from Early Modern Maritime Recipes: https://emmr.lib.unb.ca/recipes/82