

[Bitter Almond Spirits]

Date: Late 18th or early 19th century; exact date unknown.

Publication Format

Manuscript

Type

Drink

Ingredients

almonds

bitter almonds

spirits

loaf sugar

sugar

water

Places

Nova Scotia

Source: Militia Regulations Book

Institution: Nova Scotia Archives | **Reference:** MG 100 Vol. 1 No. 5 / Microfilm Reel 786

Description

A recipe for an almond liquor pasted on the pages of a book of Militia Regulations.

Transcription

Two ounces bitter almonds

3 ¼ pints spirits steeped 21 days

7 lbs Loaf Sugar 3 half pints of water

stand two days then strain thru flannel

bag; and bottle

Bitter Almond Spirits recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/82>