[Barley Bear]

Date: Late 18th or early 19th century; exact date unknown.

Publication Format
Manuscript

Type
Drink

Ingredients
barley
burnt barley
hops
water
yeast
molasses

Places
Nova Scotia

Source: Militia Regulations Book
Institution: Nova Scotia Archives | **Reference:** MG 100 Vol. 1 No. 5 / Microfilm Reel 786

Description

A recipe for brewing barley beer pasted on the pages of a book of Militia Regulations.

Transcription

Barley bear
Barley 2 pounds
One pound burnt
black the other [dro--]
1/4 tb hops boil[ed]
with in a thin

bag, in 5 gallons of
Water for 2 hours.
When cool, add ½

a cup of yeast, and
two quarts of molasses
Ferment 12 hours
and bottle the
third day

Barley Bear recipe from Early Modern Maritime Recipes: https://emmr.lib.unb.ca/recipes/78