[To Make Pork Like Westphalia Hams]

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Description

Transcription

To make Pork like westphalia Hams.

Take two legs of pork and salt them with three Pints

of Salt half bay & half White and Put to it 1/2 OZ. salt Peter

one pound brown sugar beat your bay Salt & Salt Peter

& then mix it together & rub it in by the fire and

let it lay a fortnight in Salt turning them every

other Day press them & Hang up to Dry ----

To Make Pork Like Westphalia Hams recipe from Early Modern Maritime Recipes:
https://emmr.lib.unb.ca/recipes/709