

# [For a Consumption]

**Date:** 1784/01/01

Publication Format  
Print

Type  
Medicine

Symptoms  
consumption  
tuberculosis

Ingredients  
egg  
rose water  
red cow's milk  
sugar of roses  
nutmeg

Places  
Nova Scotia  
Halifax

**Source:** Nova Scotia Calender, or an Almanack [...] by Metonicus 1784 (online), "The Treasure of Health"  
| **Source Origin:** Canadiana | **Sublocation:** <https://www.canadiana.ca/view/oocihm.39176/1>

Transcription

For a Consumption:

Take the yolk of a new-laid egg, beat it with three spoonfuls of red rose water, put to it half a pint of the strokings of red cows milk, sweetned with a sufficient quantity of sugar of roses ; add to it a little nutmeg scraped, take this every morning for a month,

fasting two hours after it ; this alone restored a gentleman that was  
given over by the doctors.

For a Consumption recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/696>