

[Rheumatics to Cure] William Paine

Date: Late 18th or early 19th century; exact date unknown.

Contributors

Contributor Role

Compiler

Contributor Name

William Paine

Publication Format

Manuscript

Type

Medicine

Symptoms

rheumatism

Ingredients

butternut bark

water

Source: William Paine Papers

Institution: University Of New Brunswick | **Source Origin:** Loyalist Collection | **Reference:** MIC-Loyalist FC LFR.P3W5P3

Description

A recipe for pills to relieve rheumatism. Reel 1. Image use courtesy of American Antiquarian Society.

Transcription

take the inward Bark

of Butter nut Tree boil

it untill it comes to a

consistancy. it must be

boiled in Iron and kept

stirring to keep from Burning

make the same into Pills

and take about the value

of a Nutmeg at night

for Rheumatics

Rheumatics to Cure recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/675>