

[Indian Pudding]

Date: Booklet contains dates ranging from 1791- 1826. No date on page of recipe | 1791/11/26 to 1826/01/18

Publication Format
Manuscript

Type
Food

Ingredients
molasses
boiled milk
butter
meal
salt

Places
Shelburne
Nova Scotia

Source: White Family Fonds

Institution: Nova Scotia Archives | **Source Origin:** Shelburne | **Reference:** MG1 Vol. 958 No. 1526

Description

A recipe for "Indian Pudding" found on the last page of a booklet of receipts and personal notes. Written first in pencil then traced over with a pen. Potentially devised or recorded by Nancy Nanac or A. Crowell.

Transcription

Indian Pudding. Nancy [Nanac]
[Mix] a pint of molasses, a quart of
milk (boiled is best) - table spoonful
of butter and as much meal as you
think will make it thick enough,
a little salt put the molasses and
milk together and then stir in the
meal. A Crowell

Indian Pudding recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/613>