

# [Efficacy of the Black-Berry Jelly, in Curing the Stone and Gravel]

**Date:** 1790/12/03

## **Publication Format**

Print

## **Type**

Food

Medicine

## **Symptoms**

bladder stones

## **Ingredients**

blackberries

water

powdered sugar

## **Places**

Nova Scotia

**Source:** Nova Scotia Magazine

**Institution:** Nova Scotia Archives | **Source Origin:** Nova Scotia Newspapers on Microfilm | **Reference:** Microfilm Reels 8062, 8063

## **Description**

A testament to its efficacy in treating the stone followed by a recipe for making blackberry jelly. nn.422. Microfilm Reel 8063. This item was also published in the [Nova Scotia Packet and General Advertiser](#).

## **Transcription**

### EFFICACY OF THE BLACK-BERRY JELLY, IN CURING THE STONE AND GRAVEL.

BLACK-BERRY jelly, having been found remarkably efficacious in that dreadful disorder, the gravel and stone, it array be proper to communicate the following account of it.

A gentleman, who for many years had been afflicted with this dreadful complaint, was persuaded to take every night going to bed the quantity of a large nutmeg of this jelly. The effect of which was, that the stone was broken to pieces, and voided in grannels, some of them nearly the size of pepper corns, manifestly appearing to be portions of a much larger substance. The

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gentleman, though more than fourscore, is now enabled to discharge these stony particles without much difficulty, and finds no other inconvenience than a frequent irritation to urinate.

To make the jelly: take black berries before they are quite ripe, when turned red; pick them and put them into a pot, tie them up close, and put them in a kettle of water. Let them stand over the fire, until they are reduced to pulp. Then strain them: and to a pint of juice put a pound of powdered sugar. Boil it to a jelly; and put it up for use.

Efficacy of the Black-Berry Jelly, in Curing the Stone and Gravel recipe from Early Modern Maritime Recipes:  
<https://emmr.lib.unb.ca/recipes/61>