

# [Turlington's Balsam] Jonathan Odell

**Date:** This manuscript was compiled sometime after the 1763 date, noted on page 9, and Odell's death in 1818. | 1763/11/01 to 1818/11/25

## Compiler

Jonathan Odell

## Publication Format

Manuscript

## Type

Medicine

## Ingredients

tolu

styracis

benzoini

aloes socotrina

myrrh

olibani

**Source:** Jonathan Odell Notebook

**Institution:** New Brunswick Museum Archives and Research Library | **Source Origin:** Odell Family Fonds | **Sublocation:** Notebook containing poems by other writers, various recipes and remedies | **Reference:** S29B - F28 (1)

## Description

This recipe is on page 7. Image courtesy of New Brunswick Museum Archives and Research Library.

## Transcription

[Turlington's](#) Balsam

R<sub>x</sub> Bals: **Tolu**: [ounce] iii

Styracis [ounce] ii

Benzoini [ounce] iii

Aloes socotrina,

Myrrhae

Olibani

Rad: Angelica sice :

Croci Angelic : ^[~] **aa** [ounce] **fs**

Contusa singula infudentur

quinque semanas in [pound] iiiii Sp:

Vini imptimi rectificati, & prius

liduum floribus Hypenici imbuti:

Tinctura demum pura decoletur.

#### **Annotations**

##### **Turlington's**

Robert Turlington, a London weaver and entrepreneur, patented a 27-ingredient "Balsam of Life" in 1744.

##### **Tolu**

A South America balsam distilled to an oil for use in cough remedies, skin rash treatments, and perfumery.

##### **aa**

ana, abbreviation for of each

##### **fs**

abbreviation for semi, or 1/2

Turlington's Balsam recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/586>