[For Mobun] William Chapman

Date: Although the recipe is not dated, the dates in this section of the manuscript are 1776 and 1785. The earliest date in the volume is 1764. | 1764/01/01 to 1785/12/31

Contributors Contributor Role Compiler Contributor Name William Chapman

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Type Medicine

Ingredients licorice powder cream of tartar senna ale

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Description

In a manuscript that begins from both ends, this recipe is on page 4, numbered from the back. It is not clear what "mobun" or "hggray" are. Image courtesy of Mount Allison University Archives and Fort Beausejour National Historic Park.

Transcription

for Mobun 2 ounce of Likris pouder 4 ounce of <u>Creamatarter</u> 2 ounce of <u>Seane</u> 2 ounce of Hggray in a quart of ale

Annotations <u>Seane</u> Possibly senna, a herb commonly used as a laxative. <u>Creamatarter</u> cream of tartar

For Mobun recipe from Early Modern Maritime Recipes: https://emmr.lib.unb.ca/recipes/529