

# [For Mobun] William Chapman

**Date:** Although the recipe is not dated, the dates in this section of the manuscript are 1776 and 1785. The earliest date in the volume is 1764. | 1764/01/01 to 1785/12/31

Contributors

Contributor Role

Compiler

Contributor Name

William Chapman

Publication Format

Manuscript

Type

Medicine

Ingredients

licorice powder

cream of tartar

senna

ale

**Source:** William Chapman Pocket and Account Book

**Institution:** Mount Allison University Archives | **Source Origin:** Webster Manuscript Collection Fort Beausejour National Historic Park | **Sublocation:** Pocket and Account Book Used Originally by William Chapman | **Reference:** Accession 7001

Description

In a manuscript that begins from both ends, this recipe is on page 4, numbered from the back. It is not clear what "mobun" or "hggray" are. Image courtesy of Mount Allison University Archives and Fort Beausejour National Historic Park.

Transcription

for Mobun

2 ounce of Likris powder

4 ounce of [Creamatarter](#)

2 ounce of [Seane](#)

2 ounce of Hggray

in a quart of ale

Annotations

[Seane](#)

Possibly senna, a herb commonly used as a laxative.

[Creamatarter](#)

cream of tartar

For Mobun recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/529>