

# [[For] Rheumatism] Henry Nase

**Date:** The recipes appear between the diary entries for 19 December 1785 and 22 March 1786. | 1785/12/19 to 1786/03/22

## Compiler

Henry Nase

## Publication Format

Manuscript

## Type

Medicine

## Symptoms

rheumatism

## Ingredients

lignum vitae gum  
spirits

**Source:** Diary of Henry Nase

**Institution:** New Brunswick Museum Archives and Research Library | **Source Origin:** Nase Family Papers | **Sublocation:** Diary of Henry Nase | **Reference:** S 116-2 - F 4

## Description

This recipe appears on page 97. Image courtesy of New Brunswick Museum Archives and Research Library.

## Transcription

Rheumatism

Two ounces **Lignum vitae** gum & one gallon spirits.

## Annotations

Lignum vitae:

Another term for guaiacum. A genus of flowering plants native to the subtropical and tropical regions of America, guaiacum was introduced to Europe in the sixteenth century and used to treat a variety of ailments, including syphilis. (Also guajacum)

[For] Rheumatism recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/514>