

# [[For] Rheumatism] Henry Nase

**Date:** The recipes appear between the diary entries for 19 December 1785 and 22 March 1786. | 1785/12/19 to 1786/03/22

Contributors

Contributor Role

Compiler

Contributor Name

Henry Nase

Publication Format

Manuscript

Type

Medicine

Symptoms

rheumatism

Ingredients

lignum vitae gum

spirits

**Source:** Diary of Henry Nase

**Institution:** New Brunswick Museum Archives and Research Library | **Source Origin:** Nase Family Papers |

**Sublocation:** Diary of Henry Nase | **Reference:** S 116-2 - F 4

Description

This recipe appears on page 97. Image courtesy of New Brunswick Museum Archives and Research Library.

Transcription

Rheumatism

Two ounces [Lignum vitae](#) gum & one gallon spirits.

Annotations

**[Lignum vitae](#)**

Another term for guaiacum. A genus of flowering plants native to the subtropical and tropical regions of America, guaiacum was introduced to Europe in the sixteenth century and used to treat a variety of ailments, including syphilis. (Also guajacum)

[For] Rheumatism recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/514>