

# [A Recipe for the Dropsy] Anthony Allaire

**Date:** The manuscript is dated 1780-1795. | 1780/01/01 to 1795/12/31

## Compiler

Anthony Allaire

## Publication Format

Manuscript

## Type

Medicine

## Symptoms

dropsy

## Ingredients

beer  
porter  
sawdust of lignumvita  
horseradish  
saxafred  
sassafras root  
garlic  
pitch pine

**Source:** Anthony Allaire. Diary and Order Book.

**Institution:** New Brunswick Museum Archives and Research Library | **Source Origin:** Beverley Robinson Papers |

**Sublocation:** Anthony Allaire. Diary and Order Book. | **Reference:** S 37A F 19

## Description

This recipe is on page 53 and has been pasted into the middle of the notebook. Image courtesy of New Brunswick Museum Archives and Research Library.

## Transcription

Recipe for the Dropsy

Take

Old stale strong Beer or <sup>stale</sup> Porter

two or three Gallons

saw dust of lignumvita, 1 handfull

Horse-Reddish (saxafred). 1 - D<sup>o</sup>

Garlic 1- Sassafras <sup>chip'd</sup> Root 1 - D<sup>o</sup>

**Pitch-Pins knots** (Chip'd) 1 - D<sup>o</sup>

Put in the Beer, Shake it frequently for two or three days, it will then be fit for use --

Take a large wine Glass full

Morning and Evening --

It is a Sovereign diet drink, has cure'd many to my knowledge.

My Father, frequently who was subject to it.

Anth[on]y Allaire

#### **Annotations**

Pitch-Pins knots:

This is probably pitch pine, a species of pine tree native to eastern North America.

A Recipe for the Dropsy recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/492>