

[The Gravel] Anthony Allaire

Date: 1820/10/31

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Dr. Williams

Publication Format

Print

Type

Medicine

Symptoms

kidney stones

Ingredients

gin

lime

lime water

coffee

Places

New Brunswick

Richmond

Virginia

Source: Anthony Allaire. Diary and Order Book.

Institution: New Brunswick Museum Archives and Research Library | **Source Origin:** Beverley Robinson Papers | **Sublocation:** Anthony Allaire. Diary and Order Book. | **Reference:** S 37A F 19

Description

This recipe, from a print source, is pasted into the manuscript on page 52. It is dated 31 October 1820 on the back. Image courtesy of New Brunswick Museum Archives and Research Library.

Transcription

The Gravel

The excruciating sufferings sustained by persons afflicted by gravel in the kidnies, &c. induced me to communicate a remedy which has, in numerous instances, afforded relief.

This remedy was discovered and its efficacy first tested by Dr. Williams, a late eminent physician in Virginia. -- He had for several years suffered extremely by gravel. -- As an experiment, Dr. W put a small quantity of the gravel which he had voided, into three wine glasses, one containing gin, a second containing a solution of lime, (lime water) the third containing pure strong coffee. After waiting a few days, on examining, he found that the gravel deposited in gin, was not in the slightest degree, altered--that deposited in lime water appeared a little softened; that deposited in strong coffee, was reduced to an impalpable power.

Encouraged by this experiment, Dr. W. imme-

diately adopted the use of pure strong coffee not mixed with sugar, milk or any ingredient. In a short time he voided gravel reduced to sand, with little pain, and was relieved.

The above important facts were stated to me by a respectable physician, who has administered this remedy with similar success.

I.M.

Richmond Enquirer

The Gravel recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/491>