

# [Untitled Rum Tonic]

**Date:** Late 18th or early 19th century; exact date unknown.

Publication Format  
Manuscript

Type  
Medicine

Ingredients  
opium  
benzoin  
camphor  
anise seed  
rum

Places  
Nova Scotia

**Source:** Militia Regulations Book

**Institution:** Nova Scotia Archives | **Reference:** MG 100 Vol. 1 No. 5 / Microfilm Reel 786

Description

Instructions for an opium-based rum tonic pasted in the pages of a book of Militia Regulations.

Transcription

Opium { ...} 8 Scruples

[Benzoin](#) bud 8 dr

Camphor 5 : dr.

Oil [Anniseed](#) 2 drachms

Rum half Gallon

Must stand two weeks

before using it and

well Shaken every day

Annotations

**Benzoin**

Derived from the Indonesian benzoin tree and used to treat respiratory ailments.

**Anniseed**

Oil of anise seed was used to treat a variety of ailments.

Untitled Rum Tonic recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/451>