[Sponge Cake]

Date: Late 18th or early 19th century; exact date unknown.

Publication Format
Manuscript

Type
Food

Ingredients
eggs
sugar
flour
cream of tartar
soda
egg yolks
egg whites

Places
Nova Scotia

Source: Militia Regulations Book
Institution: Nova Scotia Archives | **Reference:** MG 100 Vol. 1 No. 5 / Microfilm Reel 786

Description

A sponge cake recipe pasted in the pages of a book of Militia Regulations.

Transcription

Sponge Cake

6 Eggs 2 Cups Sugar 2 Cups Flour

1 Teaspoonful Cream Tartar

half of soda dissolved in a

little water beat yolks & Sugar

together then add whites soda

& Cream Tartar last thing

Sponge Cake recipe from Early Modern Maritime Recipes: https://emmr.lib.unb.ca/recipes/449