

[Composition Cake]

Date: Late 18th or early 19th century; exact date unknown.

Publication Format
Manuscript

Type
Food

Ingredients
flour
sugar
butter
eggs
brandy
milk
pearl ash

Places
Nova Scotia

Source: Militia Regulations Book

Institution: Nova Scotia Archives | **Reference:** MG 100 Vol. 1 No. 5 / Microfilm Reel 786

Description

A recipe for a cake made with brandy pasted in the pages of a book of Militia Regulations.

Transcription

Composition Cake

2 lb flour, 1 lb Sugar

1 lb butter, 6 eggs

1 glass brandy, 1 pint milk

a Teaspoon of pearlash, dissolved in
a little milk, & added just before
putting [th]e cake in the oven --

Composition Cake recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/443>