

[Receipt for Gingerbread]

Date: Late 18th or early 19th century; exact date unknown.

Publication Format
Manuscript

Type
Food

Ingredients
flour
sugar
butter
caraway seeds
pearl ash
milk

Places
Nova Scotia

Source: Militia Regulations Book

Institution: Nova Scotia Archives | **Reference:** MG 100 Vol. 1 No. 5 / Microfilm Reel 786

Description

A recipe for gingerbread that lists ingredients followed by method. Pasted inside a book of Militia Regulations.

Transcription

Receipt for Gingerbread

7 lb of Flour

2 { . . . } of Sugar

1 1/2^{lb} of Butter

1^{oz} of Caraway Seeds

1/4^{oz} of Pearl Ash

1 pint of Milk

Rub the Butter first in the flour fine

Melt the sugar in the milk

Then mix them all with Seeds & pearl Ash

Receipt for Gingerbread recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/440>