[Chapped Hands] Sarah Creighton Wilkins

Date: Late 18th or early 19th century; exact date unknown.

Contributors
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Sarah Creighton Wilkins

Publication Format
Manuscript

Type
Cosmetic
Medicine

Symptoms
chapped hands

Ingredients
lard
unsalted lard
eggs
egg yolks
honey
oatmeal

Places
Halifax
Nova Scotia

Source: Manuscript Notebook of Sarah Creighton Wilkins
Institution: Nova Scotia Archives | **Source Origin:** MacDonald Family Fonds | **Reference:** MG 1 No. 1 / Microfilm Reel 10,618

Description

Recipe and instructions for a chapped hand salve.

Transcription

Chapped Hands

Mix a ¼ of a pound of unsalted Lard
with the yolks of 2 Eggs & a large spoon-
-ful of Honey - add as much oatmeal
as well work it into a paste & use it
whenever you wash your hands.

Chapped Hands recipe from Early Modern Maritime Recipes: https://emmr.lib.unb.ca/recipes/364