[To Mull Wine] Sarah Creighton Wilkins

To Mull Wine

Date: Late 18th or early 19th century; exact date unknown. Contributors Contributor Role Compiler Contributor Name Sarah Creighton Wilkins **Publication Format** Manuscript Type Drink Ingredients water red wine wine sugar nutmeg toast Places Halifax Nova Scotia Source: Manuscript Notebook of Sarah Creighton Wilkins **Institution:** Nova Scotia Archives | **Source Origin:** MacDonald Family Fonds | **Reference:** MG 1 No. 1 / Microfilm Reel 10,618 Description Recipe and serving instructions for mulled red wine. Transcription

Boil some spice in a little water till the flavour is gain'd add an equal quantity of wine Red is best -- sugar & nutmeg; boil together & serve it with toast

To Mull Wine recipe from Early Modern Maritime Recipes: https://emmr.lib.unb.ca/recipes/363