

# [To Mull Wine] Sarah Creighton Wilkins

**Date:** Late 18th or early 19th century; exact date unknown.

Contributors

Contributor Role

Compiler

Contributor Name

Sarah Creighton Wilkins

Publication Format

Manuscript

Type

Drink

Ingredients

water

red wine

wine

sugar

nutmeg

toast

Places

Halifax

Nova Scotia

**Source:** Manuscript Notebook of Sarah Creighton Wilkins

**Institution:** Nova Scotia Archives | **Source Origin:** MacDonald Family Fonds | **Reference:** MG 1 No. 1 / Microfilm Reel 10,618

Description

Recipe and serving instructions for mulled red wine.

Transcription

## To Mull Wine

Boil some spice in a little water till the flavour is gain'd add an equal quantity of wine Red is best -- sugar & nutmeg; boil together & serve it with toast

To Mull Wine recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/363>