

[To Make Patties] Sarah Creighton Wilkins

Date: Late 18th or early 19th century; exact date unknown.

Contributors

Contributor Role

Compiler

Contributor Name

Sarah Creighton Wilkins

Contributor Role

Author

Contributor Name

Mrs. Urwin

Publication Format

Manuscript

Type

Food

Ingredients

veal

chicken

sweetbreads

mace

nutmeg

pepper

salt

ham

pickled pork

shallots

puff paste

Places

Halifax

Nova Scotia

Source: Manuscript Notebook of Sarah Creighton Wilkins

Institution: Nova Scotia Archives | **Source Origin:** MacDonald Family Fonds | **Reference:** MG 1 No. 1 / Microfilm Reel 10,618

Description

A recipe for meat patties.

Transcription

To make Patties M^{rs}. Urwin

Take a quarter of a pound of Veal
chicken or Sweta bread; a little beaten
Mace Nutmeg pepper & salt ½ the quantity
of ham or pickled pork of the Meat
Mentiond a shallot shred small
Mix it all together Make good puff
paste Bake them in patty pans

To Make Patties recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/360>