

[To Make Patties] Sarah Creighton Wilkins

Date: Late 18th or early 19th century; exact date unknown.

Contributors

Contributor Role

Compiler

Contributor Name

Sarah Creighton Wilkins

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Mrs. Urwin

Publication Format

Manuscript

Type

Food

Ingredients

veal

chicken

sweetbreads

mace

nutmeg

pepper

salt

ham

pickled pork

shallots

puff paste

Places

Halifax

Nova Scotia

Source: Manuscript Notebook of Sarah Creighton Wilkins

Institution: Nova Scotia Archives | **Source Origin:** MacDonald Family Fonds | **Reference:** MG 1 No. 1 / Microfilm Reel 10,618

Description

A recipe for meat patties.

Transcription

To make Patties M^{rs}. Urwin

Take a quarter of a pound of Veal
chicken or Swea^tbread; a little beaten
Mace Nutmeg pepper & salt ½ the quantity
of ham or pickled pork of the Meat
Mentiond a shallot shred small
Mix it all together Make good puff
paste Bake them in patty pans

To Make Patties recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/360>