[Detergent Gargle] Sarah Creighton Wilkins

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Contributors
Contributor Role
Compiler
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Sarah Creighton Wilkins

Publication Format
Manuscript

Type
Medicine

Symptoms
sore throat

Ingredients
red roses
roses
water
boiling water
spirit of vitriol
myrrh
honey

Places
Halifax
Nova Scotia
London
England

Source: Manuscript Notebook of Sarah Creighton Wilkins
Institution: Nova Scotia Archives | **Source Origin:** MacDonald Family Fonds | **Reference:** MG 1 No. 1 / Microfilm Reel 10,618

Description

Recipe and instructions for a throat gargle from the Encyclopedia Londinensis, 1814.

Transcription

Detergent Gargle

2 drams of Red Roses infus'd
in a pint of boiling water until {...}
then strain it & add 30 drops of
spirit of Vitriol ½ an once of tincture
of Myrrh & honey
Gargle often as the Throat is {...}
or otherwise
Encyclopedia Londin[ensis]
1814

Detergent Gargle recipe from Early Modern Maritime Recipes: https://emmr.lib.unb.ca/recipes/357