

# [Detergent Gargle] Sarah Creighton Wilkins

**Date:** Recorded sometime in 1814. | 1814/01/01 to 1814/12/31

Contributors

Contributor Role

Compiler

Contributor Name

Sarah Creighton Wilkins

Publication Format

Manuscript

Type

Medicine

Symptoms

sore throat

Ingredients

red roses

roses

water

boiling water

spirit of vitriol

myrrh

honey

Places

Halifax

Nova Scotia

London

England

**Source:** Manuscript Notebook of Sarah Creighton Wilkins

**Institution:** Nova Scotia Archives | **Source Origin:** MacDonald Family Fonds | **Reference:** MG 1 No. 1 / Microfilm Reel 10,618

Description

Recipe and instructions for a throat gargle from the *Encyclopedia Londinensis*, 1814.

Transcription

## Detergent Gargle

2 drams of Red Roses infus'd  
in a pint of boiling water until {...}  
then strain it & add 30 drops of  
spirit of Vitriol ½ an ounce of tincture  
of Myrrh & honey  
Gargle often as the Throat is {...}  
or otherwise

Encyclopedia Londin[ensis]

1814

Detergent Gargle recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/357>