

[Soda Water] Sarah Creighton Wilkins

Date: Late 18th or early 19th century; exact date unknown.

Contributors

Contributor Role

Compiler

Contributor Name

Sarah Creighton Wilkins

Contributor Role

Author

Contributor Name

Mr. Bearne

Publication Format

Manuscript

Type

Drink

Medicine

Ingredients

carbonated kali

water

spirit of vitriol

Places

Halifax

Nova Scotia

Cheadle

England

Source: Manuscript Notebook of Sarah Creighton Wilkins

Institution: Nova Scotia Archives | **Source Origin:** MacDonald Family Fonds | **Reference:** MG 1 No. 1 / Microfilm Reel 10,618

Description

A recipe and instructions for making soda water.

Transcription

Soda Water M^r Bearne
of Cheadle

1 dram & a ½ [Carbonated Kali](#)
to 6 ounces of water
Bottle it & shake it when used

Put in another
1 ounce spirit of Vitriol & 6 ounces
of water
wine Glass of the Kali to 1
of the Vitriol always pour the
Vitriol on the Kali.

for a draught for a strong person
½ a pint sufficient

Annotations

[Carbonated Kali](#)

Derived from the succulent Mediterranean shrub also known as Salsola soda, opposite-leaved saltwort, or land seaweed.

Soda Water recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/356>