

[Tea Cakes [2]] Sarah Creighton Wilkins

Date: Late 18th or early 19th century; exact date unknown.

Contributors

Contributor Role

Compiler

Contributor Name

Sarah Creighton Wilkins

Publication Format

Manuscript

Type

Food

Ingredients

butter

flour

milk

yeast

egg

hot water

water

Places

Halifax

Nova Scotia

Source: Manuscript Notebook of Sarah Creighton Wilkins

Institution: Nova Scotia Archives | **Source Origin:** MacDonald Family Fonds | **Reference:** MG 1 No. 1 / Microfilm Reel 10,618

Description

One of two recipes for tea cakes.

Transcription

Tea Cakes

2 ounces of butter to one pound of
Flour a little Milk & yeast
1 Egg make this into Cakes
after kneading it together [put]
them on a tin & set them to rise
over hot water before the fire

Tea Cakes [2] recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/350>