[Rhumatism] Sarah Creighton Wilkins

Date: Late 18th or early 19th century; exact date unknown.

Contributors
Contributor Role
Compiler
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Sarah Creighton Wilkins

Publication Format
Manuscript

Type
Medicine

Symptoms
rheumatism

Ingredients
volatile tincture of guaiacum
guaiacum
poppies
white poppies
gruel

Places
Halifax
Nova Scotia

Source: Manuscript Notebook of Sarah Creighton Wilkins
Institution: Nova Scotia Archives | **Source Origin:** MacDonald Family Fonds | **Reference:** MG 1 No. 1 / Microfilm Reel 10,618

Description

A remedy for treating rheumatism.

Transcription

Rhumatism

1 tea spoonful of Volatile Tincture
of Guiacum
1 tea spoonful of white Poppies

Put in first the tincture & then
the poppy mix them in Thick
Water gruel

put the tincture in a cup of thick
water gruel by degrees stirring it
Take it Night & Morning but leave
out the poppies in the Morning

Annotations

Guiacum

A genus of flowering plants native to the subtropical and tropical regions of America, guaiacum was introduced to Europe in the sixteenth century and used to treat a variety of ailments, including syphilis. (Also guajacum)

Rhumatism recipe from Early Modern Maritime Recipes: https://emmr.lib.unb.ca/recipes/349