

[Nirvous Cough] Sarah Creighton Wilkins

Date: Recorded sometime in 1820. | 1820/01/01 to 1820/12/31

Contributors

Contributor Role

Compiler

Contributor Name

Sarah Creighton Wilkins

Publication Format

Manuscript

Type

Medicine

Symptoms

nervous cough

cough

Ingredients

conserve of roses

roses

nitre

Places

Halifax

Nova Scotia

Source: Manuscript Notebook of Sarah Creighton Wilkins

Institution: Nova Scotia Archives | **Source Origin:** MacDonald Family Fonds | **Reference:** MG 1 No. 1 /
Microfilm Reel 10,618

Description

Recipe for a nervous cough remedy from one John May.

Transcription

Nirvous Cough

2 Ozs Conserve of Roses

2 Drams of [Nitre](#)

to be made into an [Electuary](#)

& take a tea spoonful when the Cough
is Troublesom.

John May Esq^r: 1820

Annotations

[Nitre](#)

Potassium nitrate in mineral form, known also as saltpeter or saltpetre. (Also niter)

[Electuary](#)

A medicine made with honey or another sweet substance.

Nirvous Cough recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/348>