[Nirvous Cough] Sarah Creighton Wilkins

Date: Recorded sometime in 1820. | 1820/01/01 to 1820/12/31

Contributors
Contributor Role
Compiler
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Sarah Creighton Wilkins

Publication Format
Manuscript

Type
Medicine

Symptoms
nervous cough
cough

Ingredients
conserve of roses
roses
nitre

Places
Halifax
Nova Scotia

Source: Manuscript Notebook of Sarah Creighton Wilkins
Institution: Nova Scotia Archives | **Source Origin:** MacDonald Family Fonds | **Reference:** MG 1 No. 1 / Microfilm Reel 10,618

Description

Recipe for a nervous cough remedy from one John May.

Transcription

Nirvous Cough
2 Ozs Conserve of Roses
2 Drams of Nitre
to be made into an Electuary
& take a tea spoonful when the Cough
is Troublesom.
John May Esqr: 1820

Annotations

Nitre

Potassium nitrate in mineral form, known also as saltpeter or saltpetre. (Also niter)

Electuary

A medicine made with honey or another sweet substance.

Nirvous Cough recipe from Early Modern Maritime Recipes: https://emmr.lib.unb.ca/recipes/348