

[Remarkable Good Saline Draught] Sarah Creighton Wilkins

Date: Late 18th or early 19th century; exact date unknown.

Contributors

Contributor Role

Compiler

Contributor Name

Sarah Creighton Wilkins

Publication Format

Manuscript

Type

Drink

Medicine

Ingredients

salt of tartar

sal soda

water

lemon

lemon juice

Places

Halifax

Nova Scotia

Source: Manuscript Notebook of Sarah Creighton Wilkins

Institution: Nova Scotia Archives | **Source Origin:** MacDonald Family Fonds | **Reference:** MG 1 No. 1 /
Microfilm Reel 10,618

Description

Recipe for a saline draught.

Transcription

Remarkable Good Saline
Draught

20 Grains of Salt of Tartar
6 to 10 Sal Soda
quarter of a pint of Water
Mix these altogether & then pour
in a Table spoonful of Lemon
Juice & take it in the E'ervescent
State

Remarkable Good Saline Draught recipe from Early Modern Maritime Recipes:
<https://emmr.lib.unb.ca/recipes/344>