

# [For Shortness of Breath] Sarah Creighton Wilkins

**Date:** Recorded sometime in 1818. | 1818/01/01 to 1818/12/31

Contributors

Contributor Role

Compiler

Contributor Name

Sarah Creighton Wilkins

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Author

Contributor Name

Mr. Cartwright

Publication Format

Manuscript

Type

Medicine

Symptoms

shortness of breath

Ingredients

iron

myrrh

Places

Halifax

Nova Scotia

**Source:** Manuscript Notebook of Sarah Creighton Wilkins

**Institution:** Nova Scotia Archives | **Source Origin:** MacDonald Family Fonds | **Reference:** MG 1 No. 1 / Microfilm Reel 10,618

Description

A surgeon's remedy for shortness of breath.

Transcription

Pills of Iron & Myrrh      2 drams  
Make 20 pills of which take  
2 or 3 twice a day Morning & Night  
    Mr Cartright.  
    operating Surgeon Mid. Hos.  
for Shortness of Breath      1818

Annotations

**Mr Cartright**

Sir Erasmus Wilson's The History of the Middlesex Hospital During the First Century of Its Existence notes that in 1806 a Mr. Cartwright was elected assistant operating surgeon of the hospital. Later in his residency, he opened a venereal disease ward.

For Shortness of Breath recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/339>