

# [For Shortness of Breath] Sarah Creighton Wilkins

**Date:** Recorded sometime in 1818. | 1818/01/01 to 1818/12/31

Contributors

Contributor Role

Compiler

Contributor Name

Sarah Creighton Wilkins

Contributor Role

Author

Contributor Name

Mr. Cartwright

Publication Format

Manuscript

Type

Medicine

Symptoms

shortness of breath

Ingredients

iron

myrrh

Places

Halifax

Nova Scotia

**Source:** Manuscript Notebook of Sarah Creighton Wilkins

**Institution:** Nova Scotia Archives | **Source Origin:** MacDonald Family Fonds | **Reference:** MG 1 No. 1 / Microfilm Reel 10,618

Description

A surgeon's remedy for shortness of breath.

Transcription

Pills of Iron & Myrrh 2 drams  
Make 20 pills of which take  
2 or 3 twice a day Morning & Night

Mr Cartright.

operating Surgeon Mid. Hos.  
for Shortness of Breath 1818

Annotations

Mr Cartright

Sir Erasmus Wilson's The History of the Middlesex Hospital During the First Century of Its Existence notes that in 1806 a Mr. Cartwright was elected assistant operating surgeon of the hospital. Later in his residency, he opened a venereal disease ward.

For Shortness of Breath recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/339>