

# [Mr Attree Recipe for A S K --- for Indigestion] Sarah Creighton Wilkins

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Publication Format

Manuscript

Type

Medicine

Symptoms

bile

indigestion

Ingredients

calomel

nutmeg

gentian root

rhubarb

water

boiling water

cloves

soda

Places

Halifax

Nova Scotia

**Source:** Manuscript Notebook of Sarah Creighton Wilkins

**Institution:** Nova Scotia Archives | **Source Origin:** MacDonald Family Fonds | **Reference:** MG 1 No. 1 / Microfilm Reel 10,618

## Description

Mr, Attree's remedy for indigestion and bile.

## Transcription

M<sup>r</sup> Attree recipe for A S K -- for 1821  
Indigestion after his order to take  
5 grains of [Calomel](#) & 3 ditto of Nutmeg  
going to Bed or the Bile

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1 Dram of [gentian Root](#)  
1 ditto of Rhubarb  
a pint of boiling Water  
4 Cloves  
A Wine Glass full twice or three  
times a day to begin twice  
10 grains of Soda to be added to each  
Glass of the infusion

April 28th very good

## Annotations

### [Calomel](#)

Mercury chloride, once used as a purgative as well as an insecticide and fungicide.

### [gentian Root](#)

Native to Asia, Europe, and the Americas, the roots of genus gentiana were used in making beverages as well as in remedies for a variety of ailments, including digestive disorders, fevers, and dyspepsia.

Mr Attree Recipe for A S K --- for Indigestion recipe from Early Modern Maritime Recipes:

<https://emmr.lib.unb.ca/recipes/338>