

[Rheumatic Pains in Back or Loins] Sarah Creighton Wilkins

Date: Late 18th or early 19th century; exact date unknown.

Contributors

Contributor Role

Compiler

Contributor Name

Sarah Creighton Wilkins

Publication Format

Manuscript

Type

Medicine

Symptoms

rheumatic pains

rheumatism

back pain

loin pain

Ingredients

tincture of guaiacum

water

Places

Halifax

Nova Scotia

Source: Manuscript Notebook of Sarah Creighton Wilkins

Institution: Nova Scotia Archives | **Source Origin:** MacDonald Family Fonds | **Reference:** MG 1 No. 1 / Microfilm Reel 10,618

Description

Recipe for medicine to relieve back and loin pain.

Transcription

Rheumatic pains in back or loins
½ an ounce of [Tincture Guaicum](#)
in 6 ounces of Water every night
until relieved

Annotations

[Tincture Guaicum](#)

A genus of flowering plants native to the subtropical and tropical regions of America, guaiacum was introduced to Europe in the sixteenth century and used to treat a variety of ailments, including syphilis. (Also guajacum)

Rheumatic Pains in Back or Loins recipe from Early Modern Maritime Recipes:
<https://emmr.lib.unb.ca/recipes/335>