

[For a Bilious Attack] Sarah Creighton Wilkins

Date: Recorded sometime in 1819. | 1819/01/01 to 1819/12/31

Contributors

Contributor Role

Compiler

Contributor Name

Sarah Creighton Wilkins

Publication Format

Manuscript

Type

Medicine

Symptoms

bilious attack

Ingredients

lemon

sugar

rhubarb

salt of tartar

sal volatile

water

Places

Halifax

Nova Scotia

Source: Manuscript Notebook of Sarah Creighton Wilkins

Institution: Nova Scotia Archives | **Source Origin:** MacDonald Family Fonds | **Reference:** MG 1 No. 1 /
Microfilm Reel 10,618

Description

A recipe and instructions for a bilious attack.

Transcription

For a Bilious attack
20 grains concrete of Lemmon
Juice, or ½ of a Lemmon
20 grains of Sugar
20 ditto of Rhubarb
1 scruple of Salt of Tartar
1 tea spoonful [Sal Volatile](#)
2 Table spoonfuls of water
put the Lemmon to these
Ingredients & take it

An excellent recipe

Annotations

[Sal Volatile](#)

A solution of ammonium carbonate dissolved in alcohol used also as smelling salts.

For a Bilious Attack recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/330>