

# [Camphorated Eye Water] Sarah Creighton Wilkins

**Date:** Late 18th or early 19th century; exact date unknown.

Contributors

Contributor Role

Compiler

Contributor Name

Sarah Creighton Wilkins

Publication Format

Manuscript

Type

Medicine

Symptoms

inflamed eyes

Ingredients

camphor

spirits of wine

water

boiling water

Places

Halifax

Nova Scotia

**Source:** Manuscript Notebook of Sarah Creighton Wilkins

**Institution:** Nova Scotia Archives | **Source Origin:** MacDonald Family Fonds | **Reference:** MG 1 No. 1 / Microfilm Reel 10,618

Description

Instructions for a solution used to reduce eye inflammation.

Transcription

## Camphorated Eye Water

1 dram of Camphor 20 drops of spirits of wine, rub them together until the Camphor becomes a powder then add a pint of boiling water, strain it through linen & bottle it up.

If the Eyes are inflam'd add equal parts of the above & [spirit of Mindererus](#) & bathe the Eyes 3 or 4 times a day

### Annotations

#### [spirit of Mindererus](#)

A solution of ammonium acetate and alcohol usually used to treat fever.

Camphorated Eye Water recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/329>