

[Monsr Le Beaumes Receipt] Sarah Creighton Wilkins

Date: 1818/08/04

Contributors

Contributor Role

Compiler

Contributor Name

Sarah Creighton Wilkins

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Monsieur Le Beaume

Publication Format

Manuscript

Type

Medicine

Symptoms

general lassitude

lassitude

fatigue

Ingredients

gentian

orange peel

water

Places

Halifax

Nova Scotia

London

England

Source: Manuscript Notebook of Sarah Creighton Wilkins

Institution: Nova Scotia Archives | **Source Origin:** MacDonald Family Fonds | **Reference:** MG 1 No. 1 /
Microfilm Reel 10,618

Description

A remedy for lassitude or weariness.

Transcription

Mon^{sr} Le Beaumes Receipt
August 4th. 1818 to Mrs May for
general lassitude. Southampton Row
for a space of Time

½ an ounce of [Gentian](#)
½ ditto Tincture orange peel
60 drops of each mix d with
1 ounce in glass of water

Annotations

[Southampton Row](#)

A major London street.

[Gentian](#)

Native to Asia, Europe, and the Americas, the roots of genus gentiana were used in making beverages as well as in remedies for a variety of ailments, including digestive disorders, fevers, and dyspepsia.

Monsr Le Beaumes Receipt recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/325>