

# [For Fumigating Infectious Rooms / Bowels Effected] Sarah Creighton Wilkins

**Date:** Late 18th or early 19th century; exact date unknown.

Contributors

Contributor Role

Compiler

Contributor Name

Sarah Creighton Wilkins

Publication Format

Manuscript

Type

Household

Medicine

Symptoms

disordered bowels

Ingredients

magnesium

rhubarb

ginger

brandy

water

Places

Halifax

Nova Scotia

**Source:** Manuscript Notebook of Sarah Creighton Wilkins

**Institution:** Nova Scotia Archives | **Source Origin:** MacDonald Family Fonds | **Reference:** MG 1 No. 1 / Microfilm Reel 10,618

Description

Recommendations for using Dr. Carmichael Smyth's solution for fumigating rooms followed by a recipe for treating bowel disorders.

Transcription

Doctor Carmicheal Smyths

Nitrous acid may be procur d

at every Druggists for Fumigating  
Infectious Rooms & sh<sup>d</sup> not be

Omitted

Bowels effected

½ an ounce Magnesia

½ ditto Rhubarb.

½ ditto --- ginger

pound or grind the Ginger & mix

altogether. Take a tea [s.po'on-ful](#) in a

glass of Brandy & water. About a desert [spoonful]

Annotations

**[Doctor Carmicheal Smyth](#)**

(Also Smith) Likely the London physician John M. Scudder describes as devising a disinfecting agent around 1790 (The Eclectic Medical Journal, Vol. 38, No. 1, 1878, p. 35). See also Joseph Jones, M.D., Medical and Surgical Memoirs Vol. 3, Part 2. (New Orleans, 1890).

**[s.po'on-ful](#)**

The good stuff

For Fumigating Infectious Rooms / Bowels Effected recipe from Early Modern Maritime Recipes:

<https://emmr.lib.unb.ca/recipes/324>