[For Bruises Strains Pains or Achs] Sarah Creighton Wilkins

Date: Recorded sometime in 1815. | 1815/01/01 to 1815/12/31

Contributors
Contributor Role
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Publication Format
Manuscript

Type
Medicine

Symptoms
bruises
strains
pains
aches

Ingredients
saffron liniment
saffron
tincture of opium
opium

Places
Halifax
Nova Scotia

Source: Manuscript Notebook of Sarah Creighton Wilkins
Institution: Nova Scotia Archives | **Source Origin:** MacDonald Family Fonds | **Reference:** MG 1 No. 1 / Microfilm Reel 10,618

Description

A recipe for a topical pain salve.

Transcription

For Bruises strains pains or achs

1 Oz & a half Liniment safren
1 dit & half of tincture of Opium

Rub the parts well

For Bruises Strains Pains or Achs recipe from Early Modern Maritime Recipes:
https://emmr.lib.unb.ca/recipes/322