

# [Electuary for the Gums] Sarah Creighton Wilkins

**Date:** Recorded sometime in 1815. | 1815/01/01 to 1815/12/31

Contributors

Contributor Role

Compiler

Contributor Name

Sarah Creighton Wilkins

Publication Format

Manuscript

Type

Medicine

Ingredients

powdered myrrh

myrrh

cream of tartar

cochineal

cloves

honey

Places

Halifax

Nova Scotia

**Source:** Manuscript Notebook of Sarah Creighton Wilkins

**Institution:** Nova Scotia Archives | **Source Origin:** MacDonald Family Fonds | **Reference:** MG 1 No. 1 / Microfilm Reel 10,618

Description

A honey-based salve for the gums.

Transcription

[Electuary](#) for the Gums prov'd  
1815

3 drams powderd Myrrh  
1 dram Crem Tarter  
1 ditto [Cochineal](#) 1 dram of Cloves.  
Grind them well together in a Mortar  
then add 4 ounces Melted ~~Bur~~ Honey  
use it every day.

Annotations

[Electuary](#)

A medicine made with honey or another sweet substance.

[Cochineal](#)

A red dye derived from insects of the same name.

Electuary for the Gums recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/320>