[Discutient Gargle] Sarah Creighton Wilkins

Date: Late 18th or early 19th century; exact date unknown.

Contributors
Contributor Role
Compiler
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Sarah Creighton Wilkins

Publication Format
Manuscript

Type
Medicine

Symptoms
inflamed throat
sore throat

Ingredients
purified nitre
nitre
gum arabic
water
soft water

Places
Halifax
Nova Scotia

Source: Manuscript Notebook of Sarah Creighton Wilkins
Institution: Nova Scotia Archives | **Source Origin:** MacDonald Family Fonds | **Reference:** MG 1 No. 1 / Microfilm Reel 10,618

Description

A recipe for a discutient gargle to treat inflamed and sore throats.

Transcription

Discutient Gargle
Inflammatory Sore Throat
1 dram purified Nitre
3 ditto Gum Arabic
dissolve in ½ a pint of Soft Water

Annotations
Nitre
Potassium nitrate in mineral form, known also as saltpeter or saltpetre. (Also niter)

Discutient Gargle recipe from Early Modern Maritime Recipes: https://emmr.lib.unb.ca/recipes/312