[Astringent Gargle] Sarah Creighton Wilkins

Date: Late 18th or early 19th century; exact date unknown.

Contributors
Contributor Role
Compiler
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Sarah Creighton Wilkins

Publication Format
Manuscript

Type
Medicine

Symptoms
fallen palate

Ingredients
oak bark
water
alum
red port

Places
Halifax
Nova Scotia

Source: Manuscript Notebook of Sarah Creighton Wilkins
Institution: Nova Scotia Archives | **Source Origin:** MacDonald Family Fonds | **Reference:** MG 1 No. 1 / Microfilm Reel 10,618

Description

A recipe for an astringent gargle to treat a fallen palate.

Transcription

Astringent Gargle

½ an once of oak Bark boil it
in a pint of Water ¼ of an hour
Strain it & add 2 drams of Allum
& 4 onces of Red port use it
every 3 hours in cases of relacation
of the palate or fallen down of it

Astringent Gargle recipe from Early Modern Maritime Recipes: https://emmr.lib.unb.ca/recipes/311