

[Astringent Gargle] Sarah Creighton Wilkins

Date: Late 18th or early 19th century; exact date unknown.

Contributors

Contributor Role

Compiler

Contributor Name

Sarah Creighton Wilkins

Publication Format

Manuscript

Type

Medicine

Symptoms

fallen palate

Ingredients

oak bark

water

alum

red port

Places

Halifax

Nova Scotia

Source: Manuscript Notebook of Sarah Creighton Wilkins

Institution: Nova Scotia Archives | **Source Origin:** MacDonald Family Fonds | **Reference:** MG 1 No. 1 /
Microfilm Reel 10,618

Description

A recipe for an astringent gargle to treat a fallen palate.

Transcription

Astringent Gargle

½ an ounce of oak Bark boil it
in a pint of Water ¼ of an hour
Strain it & add 2 drams of Allum
& 4 ounces of Red port use it
every 3 hours in cases of relaxation
of the palate or fallen down of it

Astringent Gargle recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/311>