[A Receipt for the Whooping Cough] Sarah Creighton Wilkins

Date: Late 18th or early 19th century; exact date unknown.

Contributors
Contributor Role
Compiler
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Publication Format
Manuscript

Type
Medicine

Symptoms
whooping cough

Ingredients
cantharides
paregoric elixir
simple tincture of bark
emetics

Places
Halifax
Nova Scotia

Source: Manuscript Notebook of Sarah Creighton Wilkins
Institution: Nova Scotia Archives | **Source Origin:** MacDonald Family Fonds | **Reference:** MG 1 No. 1 / Microfilm Reel 10,618

Description

A recipe for a whooping cough remedy, including instructions for children.

Transcription

A receipt for the Whooping Cough

½ an once of Cantharides
{...} ¼ Paragoric Elixir
¼ once Simple Tincture of Bark
1 once & ½ Simple tincture of Bark

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35 drops 3 times a day for a Child
a Year Old. 160 or a desert spoonful
for a Child 4 or 5 Years Old
It is necessary that 2 or 3 Emetics
be given previous to this receipt

Annotations

Cantharides

A traditional apothecary medicine also known as Spanish fly.

Paragoric Elixir

An opium derivative used to treat diarrhea, coughs, and pain. (Also Paregoric)

A Receipt for the Whooping Cough recipe from Early Modern Maritime Recipes:
https://emmr.lib.unb.ca/recipes/307