

# [A Receipt for the Whooping Cough] Sarah Creighton Wilkins

**Date:** Late 18th or early 19th century; exact date unknown.

Contributors

Contributor Role

Compiler

Contributor Name

Sarah Creighton Wilkins

Publication Format

Manuscript

Type

Medicine

Symptoms

whooping cough

Ingredients

cantharides

paregoric elixir

simple tincture of bark

emetics

Places

Halifax

Nova Scotia

**Source:** Manuscript Notebook of Sarah Creighton Wilkins

**Institution:** Nova Scotia Archives | **Source Origin:** MacDonald Family Fonds | **Reference:** MG 1 No. 1 / Microfilm Reel 10,618

Description

A recipe for a whooping cough remedy, including instructions for children.

Transcription

## A receipt for the Whooping Cough

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½ an ounce of [Cantharides](#)

{...} ¼ [Paragoric Elixir](#)

~~¼ once Simple Tincture of Bark~~

1 ounce & ½ Simple tincture of Bark

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35 drops 3 times a day for a Child  
a Year Old. 160 or a desert spoonful  
for a Child 4 or 5 Years Old

It is necessary that 2 or 3 Emetics  
be given previous to this receipt

### Annotations

#### [Cantharides](#)

A traditional apothecary medicine also known as Spanish fly.

#### [Paragoric Elixir](#)

An opium derivative used to treat diarrhea, coughs, and pain. (Also Paregoric)

A Receipt for the Whooping Cough recipe from Early Modern Maritime Recipes:

<https://emmr.lib.unb.ca/recipes/307>