

[Camphor Mixture [1]] Sarah Creighton Wilkins

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Contributors

Contributor Role

Compiler

Contributor Name

Sarah Creighton Wilkins

Publication Format

Manuscript

Type

Medicine

Ingredients

camphor

spirits of wine

wine

sugar

lump sugar

water

boiling water

Places

Halifax

Nova Scotia

Source: Manuscript Notebook of Sarah Creighton Wilkins

Institution: Nova Scotia Archives | **Source Origin:** MacDonald Family Fonds | **Reference:** MG 1 No. 1 / Microfilm Reel 10,618

Description

One of two recipes for camphor water.

Transcription

Camphor Mixture.

1 dram of Camphor
10 drops best spirits of wine
½ ounce of lump sugar
1 pint Boiling Water.

Rub the Camphor 1st with the
spirits of wine then add the
sugar lastly & by degrees the
water strain the mixture
& take a wine glass now & then.

Camphor Mixture [1] recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/306>