[A Good Saline Draught] Sarah Creighton Wilkins

Date: Recorded sometime in 1818. | 1818/01/01 to 1818/12/31

Contributors
Contributor Role
Compiler
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Publication Format
Manuscript

Type
Medicine

Ingredients
lemon juice
salt of wormwood
wormwood
nitre
tincture of Columbo
water
simple mint water
mint

Places
Halifax
Nova Scotia

Source: Manuscript Notebook of Sarah Creighton Wilkins
Institution: Nova Scotia Archives | **Source Origin:** MacDonald Family Fonds | **Reference:** MG 1 No. 1 / Microfilm Reel 10,618

Description

A recipe for a saline draught, dated and likely obtained from another source.

Transcription

A good Saline Draught. 1818.

1 once & ½ Lemon Juice
1 dram Salt of Wormwood
2 Scruples of Nitre
Tincture of Columbo 2 drams

Simple Mint Water 4 onces
Take this every 6 hours
3 large spoonfuls at a time

Annotations

Nitre

Potassium nitrate in mineral form, known also as saltpeter or saltpetre. (Also niter)

Tincture of Columbo

A concoction made by boiling water and alcohol with cocculus palmatus, a medicinal plant native to Mozambique.

A Good Saline Draught recipe from Early Modern Maritime Recipes: https://emmr.lib.unb.ca/recipes/305