

[A Bad Sore Throat] Sarah Creighton Wilkins

Date: 1825/01/01

Contributors

Contributor Role

Compiler

Contributor Name

Sarah Creighton Wilkins

Publication Format

Manuscript

Type

Medicine

Symptoms

sore throat

bleeding

evacuations

Ingredients

aromatic conf {...} tion

castor

nutmeg

water

pure water

Places

Nova Scotia

Source: Manuscript Notebook of Sarah Creighton Wilkins

Institution: Nova Scotia Archives | **Source Origin:** MacDonald Family Fonds | **Reference:** MG 1 No. 1 /
Microfilm Reel 10,618

Description

A recipe to gargle for a bad sore throat.

Transcription

A Bad Sore Throat 1825
all evacuations are injurious
Especially bleeding. Cordials & Gargles
seem the only Necessary Aid.

½ a dram Aromatic conf { ... } tion
1 scruple of Castor
2 drams of Nutmeg the spirit of
1 Once of pure water
A draught to be taken every 4 hours.

A Bad Sore Throat recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/298>