

# [To Make Green Pea Soup] Sarah Creighton Wilkins

**Date:** Late 18th or early 19th century; exact date unknown.

Contributors

Contributor Role

Compiler

Contributor Name

Sarah Creighton Wilkins

Publication Format

Manuscript

Type

Food

Ingredients

gravy

herbs

lettuce

onions

cucumbers

parsley

peas

old peas

young peas

Places

Halifax

Nova Scotia

**Source:** Manuscript Notebook of Sarah Creighton Wilkins

**Institution:** Nova Scotia Archives | **Source Origin:** MacDonald Family Fonds | **Reference:** MG 1 No. 1 / Microfilm Reel 10,618

Description

A recipe for green pea soup.

Transcription

To make Green pea Soup

Make a gravey Soup stew all  
kinds of Herbs such as Lettuce  
Onions Cucumbers parsley & old  
Peas in the Gravy Soup when  
boiled pulp them & strain them  
after that put in young peas  
& the stewed herbs & boil it up  
till the peas are enough

To Make Green Pea Soup recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/294>