[To Make Green Pea Soup] Sarah Creighton Wilkins

Date: Late 18th or early 19th century; exact date unknown.

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Type
Food

Ingredients
gravy
herbs
lettuce
onions
cucumbers
parsley
peas
old peas
young peas

Places
Halifax
Nova Scotia

Source: Manuscript Notebook of Sarah Creighton Wilkins
Institution: Nova Scotia Archives | **Source Origin:** MacDonald Family Fonds | **Reference:** MG 1 No. 1 / Microfilm Reel 10,618

Description

A recipe for green pea soup.

Transcription

To make Green pea Soup

Make a gravey Soup stew all
kinds of Herbs such as Lettuce
Onions Cucumbers parsley & old
Peas in the Gravy Soup when
boiled pulp them & strain them
after that put in young peas
& the stewed herbs & boil it up
till the peas are enough

To Make Green Pea Soup recipe from Early Modern Maritime Recipes: https://emmr.lib.unb.ca/recipes/294