

[Poppies Syrup] Sarah Creighton Wilkins

Date: Late 18th or early 19th century; exact date unknown.

Contributors

Contributor Role

Compiler

Contributor Name

Sarah Creighton Wilkins

Publication Format

Manuscript

Type

Medicine

Symptoms

spasms

acute pain

coughs

inflammatory fever

fever

pleurisy

Ingredients

water

anodyne

spirit of mindererus

mint water

mint

poppies

syrup

Places

Halifax

Nova Scotia

Source: Manuscript Notebook of Sarah Creighton Wilkins

Institution: Nova Scotia Archives | **Source Origin:** MacDonald Family Fonds | **Reference:** MG 1 No. 1 / Microfilm Reel 10,618

Description

Recipe for a poppy syrup to treat spasms, pain, fever, and pleurisy.

Transcription

Poppies Syrup. 1 to 4 drams in water. anodyne for Spasms
acute pain & Coughs. 1 to 3 grains

[Spirit of Mindererus](#) 30 to 40 drops in mint water sudorific
Cooling & good in inflammatory fever & pleurisy

Annotations

[Spirit of Mindererus](#)

A solution of ammonium acetate and alcohol usually used to treat fever.

Poppies Syrup recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/293>