

[Mr. Rudds Receipt for a Cough] Sarah Creighton Wilkins

Date: Late 18th or early 19th century; exact date unknown.

Contributors

Contributor Role

Compiler

Contributor Name

Sarah Creighton Wilkins

Contributor Role

Author

Contributor Name

Mr. Rudd

Publication Format

Manuscript

Type

Medicine

Symptoms

cough

Ingredients

raisins

roses

sugar candy

cloves

July flower syrup

spirit of sulphur

spirits of vitriol

Places

Halifax

Nova Scotia

Source: Manuscript Notebook of Sarah Creighton Wilkins

Institution: Nova Scotia Archives | **Source Origin:** MacDonald Family Fonds | **Reference:** MG 1 No. 1 / Microfilm Reel 10,618

Description

A recipe for a cough given to Mrs. Kirkman by a Mr. Rudd.

Transcription

M^r. Rudds receipt for a Cough

2 Ounces stoned Raisons

1 Conserve of Roses

2 ounces Sugar Candy.

½ Ounce Clove July flowers syrups

16 drops Spirit of Sulphur

10 drops Spirits of Vitriol

Take a teaspoonful when the Cough
is troublesome

[Uttoxitis] with kind Compt^s. to Miss
Kirkman

Mr. Rudds Receipt for a Cough recipe from Early Modern Maritime Recipes:

<https://emmr.lib.unb.ca/recipes/290>