[Inflammation in the Eyes: or Decay in the Sight] Sarah Creighton Wilkins

Date: Late 18th or early 19th century; exact date unknown.

Contributors
Contributor Role
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Publication Format
Manuscript

Type
Medicine

Symptoms
decay in sight
inflammation in the eyes
tired eyes
tooth ache
face pain

Ingredients
spirits of wine
spirits
wine
camphor
elder flowers
dried elder flowers

Places
Halifax
Nova Scotia

Source: Manuscript Notebook of Sarah Creighton Wilkins
Institution: Nova Scotia Archives | **Source Origin:** MacDonald Family Fonds | **Reference:** MG 1 No. 1 / Microfilm Reel 10,618

Description

A recipe to relieve tired or inflamed eyes.

Transcription

Inflammation in the Eyes: or decay
in the sight.
3 onces of the best rectified spirits of wine
1 dram of Camphor dissolved in it
add as many dried elder flowers
as you can take up in your fingers &
thumb & infuse them for 2 or 3 days
pour it off quite clear closely stop it up
this mixture or Lotion will relieve
the Eyes when tir'd with reading or
work -- Wet your fingers & bathe
the Eyelids, it will feel as if the
Lids were burning, but in a very
short time will be easy & cool. If you
have the tooth ache or face, rub them
with this lotion, & it will harden
the parts to bear cold weather or
wind. Do not drop the lotion into
the Eyes __

Inflammation in the Eyes: or Decay in the Sight recipe from Early Modern Maritime Recipes:
https://emmr.lib.unb.ca/recipes/288