

[For the Rheumatism] Sarah Creighton Wilkins

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Publication Format

Manuscript

Type

Medicine

Symptoms

rheumatism

rheumatic fever

Ingredients

sarsaparilla root

sassafras bark

guaiaicum wood

licorice root

meyerion root

water

distilled water

Places

Halifax

Nova Scotia

Source: Manuscript Notebook of Sarah Creighton Wilkins

Institution: Nova Scotia Archives | **Source Origin:** MacDonald Family Fonds | **Reference:** MG 1 No. 1 /
Microfilm Reel 10,618

Description

A recipe for rheumatism preceded by a Latin prescription.

Transcription

2 Oz

[untranscribed Latin]

Rheumatic fever

For the Rheumatism

Six oz: Sassaparella Root Sliced & bruised

One oz: Sassafrass Bark bruised

One oz: Shavings of [Guaiacum Wood](#)

One oz. Liquorice Root Sliced

Three drachms Meyerion root bruised

Five quarts distilled Water boiled to 5 pints

The Meyerion root should not be added, till towards the end of the process--

A moderate sized tea cup full to be taken three times a day, it shd be kept warm. and taken as much as possible on an empty stomach.

Given to A T Th. by M^{FS}

Ralph Price April 1814

Annotations

[Guaiacum Wood](#)

A genus of flowering plants native to the subtropical and tropical regions of America, guaiacum was introduced to Europe in the sixteenth century and used to treat a variety of ailments, including syphilis. (Also guajacum)

For the Rheumatism recipe from Early Modern Maritime Recipes: <https://emmr.lib.unb.ca/recipes/286>