

# [Mr. Attree's Receipt for Mrs. Kirkman, for Head Ach with Sickness] Sarah Creighton Wilkins

**Date:** Recorded sometime in 1812. | 1812/01/01 to 1812/12/31

Contributors

Contributor Role

Compiler

Contributor Name

Sarah Creighton Wilkins

Contributor Role

Author

Contributor Name

Mr. Attree

Publication Format

Manuscript

Type

Medicine

Symptoms

headache

sickness

Ingredients

gentian root

rhubarb

water

boiling water

cloves

soda

Places

Halifax

Nova Scotia

**Source:** Manuscript Notebook of Sarah Creighton Wilkins

**Institution:** Nova Scotia Archives | **Source Origin:** MacDonald Family Fonds | **Reference:** MG 1 No. 1 /  
Microfilm Reel 10,618

## Description

Mr. Attree's remedy for a headache and sickness followed by a drawing of an ornamental circle.

## Transcription

1 Dram of [Gentian Root](#)

1 dram of Rhubarb

a pint of Boiling Water

3 or 4 Cloves

a wine Glass full 2 or 3 times

a day

ten grains of Soda to be added

to each glass of the infusion.

M<sup>r</sup>. Attree's receipt for M<sup>rs</sup>. Kirkman

for head ach with Sickness 1812

## Annotations

### [Gentian Root](#)

Native to Asia, Europe, and the Americas, the roots of genus gentiana were used in making beverages as well as in remedies for a variety of ailments, including digestive disorders, fevers, and dyspepsia.

Mr. Attree's Receipt for Mrs. Kirkman, for Head Ach with Sickness recipe from Early Modern Maritime

Recipes: <https://emmr.lib.unb.ca/recipes/285>